



MENU FOR FIRST HALF OF SPRING TERM 2022



The following is available daily:
Cucumber, tomato, sweetcorn and pepper
Apple, grapes, banana
New items / changes highlighted in purple



Week commencing 3 January 2022 – WEEK ONE			
	Wednesday	Thursday	Friday
Bank holiday and Staff Professional Day	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Nuggets (V)	Home-made Margherita Pizza (V) and pasta option	Breaded Fish Fillet <u>or</u> Sausages, <u>or</u> Macaroni Cheese
	Roast Potatoes <u>or</u> Mashed Potatoes per scoop	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
	Home-made Bread		
	Carrots, Peas	Fresh Broccoli, Sweetcorn Salad	Baked Beans, Fresh Mushrooms Salad
	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt

Week commencing 10 January 2022 – WEEK TWO				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese <u>or</u> Fish fingers each <u>or</u> Vegetable Pasta bake (V)	Hot Dog sausage hotdog roll <u>or</u> Tuna <u>or</u> Vegetarian Hot Dog (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Nuggets (V)	Margherita (V) and Pepperoni Pizza and Pasta option	Breaded Fish Fillet <u>or</u> Sausages <u>or</u> Homemade Quiche (V)
Mashed Potatoes <u>or</u> Pasta Home-made Bread	Chips	Roast Potatoes <u>or</u> Mashed Potatoes Home-made Bread	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
Carrots, Sweetcorn Salad	Baked Beans Salad	Carrots, Roast Parsnips, Cabbage	Fresh Broccoli, Sweetcorn	Mushy Peas, Baked Beans
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt



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<u>Week commencing 17 January 2022 – WEEK THREE</u>				
Monday	Tuesday	Wednesday	Thursday	Friday
Toad-in-the-hole. sausage Yorkshire & Gravy <u>or</u> Vegetarian Toad-in-the-hole (V) <u>or</u> Pasta Bake	Breaded Chicken Burger in a Bun <u>or</u> Vegetarian Burger in a Bun (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable nuggets (V)	Home-made Margherita Pizza (V) and chicken pasta bake	Breaded Fish Fillet <u>or</u> Sausages <u>or</u> Homemade Pasta Bake (V)
Mashed Potatoes <u>or</u> Pasta <u>or</u> Home-made Bread	Chips	Roast Potatoes <u>or</u> Mashed Potatoes per scoop. Home-made bread 25g	Garlic Bread <u>or</u> Pasta and jacket potato	Mashed Potatoes per scoop <u>or</u> Pasta <u>or</u> Home-made Bread
Fresh cauliflower, sweetcorn Salad	Baked Beans Salad	Fresh Carrots, Peas	Fresh Broccoli, Sweetcorn Salad	Spaghetti hoops, Fresh Mushrooms, Salad
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt

<u>Week commencing 24 January 2022 – WEEK FOUR</u>				
Monday	Tuesday	Wednesday	Thursday	Friday
Sweet & sour chicken <u>or</u> Fish Fingers per fish finger <u>or</u> Vegetable pasta bake (V)	Sausage roll <u>or</u> Vegetarian Sausage Roll (V) *New addition - ham, cheese or tuna baguette *	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Kievs (V)	Home-made Margherita Pizza (V) and sticky chicken wrap	Breaded Fish Fillet, <u>or</u> Sausages, <u>or</u> Macaroni Cheese (V)
Rice, mashed potato	Chips	Roast Potatoes <u>or</u> Mashed Potatoes	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
Fresh Cauliflower, Peas	Baked Beans Salad	Carrots, Fresh cabbage	Fresh Broccoli, Sweetcorn Salad	Baked Beans, Fresh Mushrooms, Salad
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt



MENU FOR FIRST HALF OF SPRING TERM 2022

Week commencing 31 January 2022 – WEEK FIVE				
Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs or veggie meatballs or Fish fingers (V)	Hot Dog, sausage roll or Tuna or Vegetarian Hot Dog (V)	Roast Chicken, Yorkshire Pudding & Gravy or Vegetable Nuggets (V)	Home-made Margherita Pizza (V) and pasta option	Fish in Breadcrumbs, or Sausages, or Home-made Quiche (V)
Spaghetti or Mashed Potatoes Home-made Bread	Chips	Roast Potatoes or Mashed Potatoes	Garlic Bread or Pasta	Mashed Potatoes or Pasta Home-made Bread
Fresh broccoli, Sweetcorn	Baked Beans Salad	Carrots, Roast Parsnips and peas	Fresh Broccoli, Sweetcorn Salad	Mushy Peas, Baked Beans
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt

Week commencing 7 February 2022 – WEEK SIX				
Monday	Tuesday	Wednesday	Thursday	Friday
Toad-in-the-hole sausage Yorkshire & Gravy or Vegetarian Toad-in-the-hole (V) or veggie pasta bake (V)	Beef Burger in a Bun or Quorn Burger in a Bun	Roast Chicken, Yorkshire Pudding & Gravy or Vegetable Nuggets (V)	Home-made Margherita Pizza or macaroni cheese (V)	Fish in Breadcrumbs, or Sausages, or Home-made Pasta Bake (V)
Pasta or Mashed Potatoes or Home-made Bread	Chips	Roast Potatoes or Mashed Potatoes	Garlic Bread or Pasta	Chips or Pasta Home-made Bread
Fresh Cauliflower, Peas, Salad	Baked Beans Salad	Fresh Carrots, Cauliflower, Roast Parsnips	Fresh Broccoli, Sweetcorn Salad	Spaghetti Hoops, Fresh Mushrooms, Salad
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt