

The Holy Trinity



Within Ely St Mary's we use the sunflower as a symbol of the Holy Trinity. Each class has its own sunflower which it brings to each Collective Worship as part of coming together as a community.

Each part of the sunflower represents part of the Holy Trinity, as follows:

God the Father – the roots. Unseen, but crucial in the process of creation in the darkness, moving from darkness to light and feeding future growth.

God the Son – stem and flower. Sunflowers grow tall and conspicuous – they are visible amongst all flowers. Jesus made himself visible as He told stories on hills and mountains and in public places such as synagogues, so that people could see him. He did not wish to hide away to do God's work, but to make sure that he was seen and known.

God the Holy Spirit – sunflower seeds – seeds give us both energy and hope for the future, knowing that the seeds, once planted, will create new life and more sunflowers. The Holy Spirit is the presence of God in the world, sent to the disciples by Jesus (and subsequently to their disciples) when he went back to heaven to encourage them and give them strength to follow his example. Through the seeds, new life and new hope can be created.

The roots, stem and flower and seeds work together to complete the circle of creation. The same can be said for the Holy Trinity.